

Kensworth Good Neighbours

If you think you might like to help as a volunteer, the amount of involvement is entirely up to you - even a couple of hours a month helps! All volunteer expenses are reimbursed and all volunteers are fully insured and DBS checked.

If you would like assistance now or in the future, we have listed below the services we think a Good Neighbour scheme could offer that might be useful to people in the area.

Please read the list and tick the boxes to show whether you might use the service listed or might be able to volunteer your help. You can tick boxes in both columns.

Possible Services	I might be able to help with this	I might need this myself
Occasional lifts to doctors, lunch clubs, shops, etc.		
Befriending - popping round for a chat over a cup of tea		
Form filling / letter writing / help with using a computer		
Collecting prescriptions, pensions, etc. / Occasional help with shopping		
Small household repairs/practical tasks (such as changing a light bulb)		
Pet-care / dog-walking etc.		
Indoor plant watering / light gardening		
Being part of the phone rota, to answer callers and match them to a suitable volunteer		
Being part of the organising group - helping with publicity, fundraising, etc.		
Other - please specify		

If you are happy to be contacted, please add your name and address here:

Name:

Address:

Telephone.....Email:



Please return to Simon Patterson † 01582 419487, e simonp@bedsrcc.org.uk, or bring along to the meeting on the 18th April at The Methodist Church Hall, 7pm.